



Vascular Care Center  
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## PREPARING FOR YOUR ENDOVENOUS LASER PROCEDURE (EVLT)

Your EVLT laser ablation procedure is scheduled for \_\_\_\_\_ at \_\_\_\_\_ AM/PM. Please arrive approximately 20 minutes prior to your appointment time to complete any last paperwork. A friend or family member should come with you to drive you home after the procedure.

You may drink liquids in moderation on the morning of your procedure. We will ask, however, that you refrain from eating after midnight the night before. Wear loose fitting shorts, or very loose pants that you can pull on over the leg bandage that will be placed on after the procedure.

Take a shower and wash your leg with antibacterial soap (Dial or other brand) on the morning of your procedure. Please do not apply any lotions to your leg before your procedure. It may be necessary to shave some hair in your groin region to facilitate the ultrasound probe, prior to the procedure.

If you feel anxious and cannot relax prior to the procedure, you may take a sedative tablet (prescription attached) for Ativan one hour prior to the procedure. DO NOT drive after you have taken the Ativan.

Please review the Patient Informed Consent form and bring it with you on the day of your procedure. We will review it again and ask you to sign it just before the procedure. If you are planning on taking the Ativan, then we would ask that you show up in our office prior to taking the sedative, so we may review and sign the form prior.

You will be given a prescription for Class II stockings you will need for your two-day follow up visit. If you have questions or problems filling your prescription for the stockings, please contact our office for assistance.

We will work with your insurer to pre-certify you for the procedure prior to it being performed; however some insurers pay for only a portion or not at all.

If you have any questions or concerns prior to your appointment, please do not hesitate to call our office.

Patient Signature: \_\_\_\_\_ Nurse: \_\_\_\_\_

