



## VERTEBROPLASTY

*An image-guided, non-surgical procedure to alleviate back pain caused by vertebral collapse*

### Post-Procedural Information & Instruction



- After the procedure is completed, you will be taken for a CT scan for accurate assessment of your treated vertebrae.
- You will be taken to the recovery room where your vital signs will be monitored, the puncture site checked for bleeding, and your neurologic exam periodically checked.
- You will be laying flat on your back for three hours. Prior to discharge, you will be asked to walk with and without assistance. We ask that you use assistance home for the first twenty- four hours.
- You will be allowed to eat and resume any of your prior medications (please let our staff know if you bring them in).
- Although some patients experience immediate pain relief, it is also normal to experience no improvement or slight worsening of your back pain in the first few hours to as much as two days after the procedure. Mild analgesics may be prescribed upon request in the recovery room and at discharge.
- Rest quietly in bed for the next 24 hours. Please do not drive or engage in strenuous physical activity during this time.
- A friend or family member should be with after the procedure has been completed for the next 24 hours.
- Our interventional staff will contact you to follow-up on your improvement.
- You may shower or bathe the next day. Please remove the bandage(s) from your back and leave the site open to air.
- If you have any questions or concerns, please call (856) 489-5163.